CalFresh Healthy Eating Social Media Static Post Copy #2

Preparing meals at home helps you control both your food budget and what goes into your meals, so let’s get cooking! 💵👩🏽🍳

When you adopt healthy habits, you inspire your loved ones to take part in the journey. Visit UncoverHealthyHabits.com to join others like you in creating healthier families and communities. #CalFreshHealthyLiving and #UncoverHealthyHabits